

THE GOODEN CENTER

PROGRAM DESCRIPTION

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ABOUT THE GOODEN CENTER

Alcoholism and drug addiction is considered by many to be the nation’s number one health crisis. It is a disease that causes close to 40% of hospital admissions. Tragedies resulting from alcohol and drug abuse make it a leading cause of death for young adults age 18 to 24. And one out of every three failed marriages is directly attributed to alcoholism or drug abuse. Bishop Gooden Home was established in 1962 by five members of Alcoholics Anonymous and Bishop Robert Gooden (Episcopal) to help those who wanted out of the debilitating cycle of addiction. Since that time, an entire field has sprung up to help arrest the disease. Through all of the changes in the treatment field, The Gooden Center has remained a stalwart of quality care.

The Gooden Center is an alcohol and drug treatment center for men located in Pasadena, California. Founded as Bishop Gooden Home in 1962, the name was changed in 2006 to reflect the expansion of the program and facilities. The Gooden Center provides four distinct levels of care: Primary Residential Treatment, Day and Intensive Outpatient Treatment and After Care. We also provide Family Care, sober living and alumni support and other supplemental services. As a nonprofit corporation, our 20 member Board of Directors provides oversight of the treatment program and business operations. We welcome your interest in The Gooden Center and its alcohol and drug treatment services as described in this program description.

PURPOSE

Mission The Mission of The Gooden Center is to show men and their families the way out of the debilitating and deadly cycle of alcoholism and drug addiction. Affordable treatment, evidence-based practices and a 12-Step orientation help bring about the transformational change necessary to restore a sense of well being and hope for a promising and productive future.

Vision In our Vision every individual receives the help they need in order to achieve and maintain lasting sobriety. Our vision is not an impossible dream. In a world grown dark and hopeless for the alcoholic/addict, his family and friends, The Gooden Center has been a beacon of hope for over 47 years. With ample resources and skilled leadership, our Vision is being realized. Our core values provide the foundation for the services we provide.

CORE VALUES

Clinical Excellence Staff members continuously review their work to see that it meets the standard of quality and caring we are committed to. Our clients and alumni also provide valuable feedback. We make every effort to incorporate the best practices of addiction treatment. While chemical dependency treatment is not an exact science with proven protocols, a client's total involvement in his own treatment does correlate with demonstrated success.

Client Centered Care The Gooden Center is client centered. This means that the needs of our clients drive the organization's focus. Clients collaborate with their counselors, family and peers in developing an individualized treatment plan. It becomes the blueprint for their success at The Gooden Center and, hopefully, beyond. No single treatment is appropriate for all individuals.

Learning Clients are given the most current data on factors causing alcoholism and drug addiction. They are also informed of the impact on ones physiological, psychological and social well-being. We incorporate adult learning practices in twenty-three different education and Recovery Lifestyle groups.

Social support The goal is to have the client reintegrate into society. The majority of client's have family members participating in the family education and counseling groups weekly. Clients are given assistance in finding employment, evaluating career or school choices.

Spiritual support Addiction is manifested physically, emotionally and spiritually. We believe that within each person there is a vision of wholeness, even joy. This is what drugs and alcohol falsely promise to deliver. Most of our clients glimpse this vision. They touch within a natural state of well-being. They find the courage to be themselves.

Community support The Gooden Center staff and board members often speak at churches and other community gatherings to help people understand the disease of addiction and the process of recovery.

Accountability Our licensure and accreditation helps our stakeholders know that hundreds of standards for quality are being met. We make sure our stakeholders know of our program's effectiveness. Our stakeholders are: clients and their families, alumni, board of directors, staff, donors, the community, and referring professionals.

TREATMENT OPTIONS

LEVELS OF CARE

For both clinical and financial reasons, the most appropriate level of care is the least intensive level that can accomplish the client's treatment goals while providing safety and security. A client can enter The Gooden Center at any level of care. His counselor conducts a confidential assessment interview to determine which level of care is best for him. Criteria from the American Society of Addiction Medicine and the DSM IV help in making that best choice. The prospective client and his family have direct input on this decision.

Residential Treatment takes place at Bishop Gooden Home, 191 North El Molino Avenue in Pasadena. After Care groups take place at Bishop Gooden Home. Following are descriptions of Residential Treatment.

LENGTHS OF STAY

The length of stay or service in Primary Care is determined by the patient's progress toward achieving his treatment plan goals. Fixed length of stay or program-driven treatment ("one size fits all") is not individualized and does not respond to the client's particular problems during the initial phase of treatment. Studies have shown that clients who extend their treatment to 90 days or more are quite often more successful in their sobriety than those who leave treatment after 30 days or less. (Principles of Addiction Treatment, NIDA, 1999). The majority of our clients remain in some level of care with us for an average of 75 days.

PAYING FOR TREATMENT

Treatment programs receive the funds to provide services basically from four sources: government funding, client or patient fees, insurance reimbursement or charitable donations. The Gooden Center receives funds from the latter three sources. Paying more for treatment does not always bring commensurate increases in quality of care. At The Gooden Center program fees among are most affordable. Additionally, over 25 insurance plans are also contracted with The Gooden Center and those plans are billed directly. It is our goal to help those who are most highly motivated for treatment. We will go to great lengths to prevent costs from being a barrier to receiving help. In many cases an individual's treatment is covered by a combination of personal funds, insurance and an assist from our loyal individual, corporate and foundation donors.

PRIMARY RESIDENTIAL TREATMENT

Primary Residential Treatment, our most intensive level of care, takes place at The Gooden Center. Clients are engaged with daily groups and activities, individual counseling, recreation and reflection. Most evenings are reserved for attending outside 12-step meetings.

Through addiction educational groups, individual counseling, and process groups, the client learns about the disease of chemical dependency. He learns to enhance coping mechanisms, strengthen impulse control, and improve communication skills. He learns to deal with relapse triggers and work through emotional and spiritual barriers. Length of stay is typically 30 days and occasionally 60 days. Residential Treatment is the best level of care for:

- Those who have a history of chronic drug or alcohol relapse in spite of previous treatment;
- Those who have failed in an outpatient program and demonstrate a need for more structure;
- Those needing drug and alcohol rehab after medical detoxification;
- Patients leaving a primary inpatient treatment program outside the area and need 24/7 support to stabilize in a new environment;
- Those at high risk of significant loss (familial, legal, financial, medical, occupational, or other Axis IV stressors) unless placed in a 24 hours clinically-managed high-intensity program;
- Those with a level of dysfunction in their home environment that make recovery unrealistic.

Counselors use a case management approach to treat the whole person. The family is involved as early and as often as is beneficial to the client. Outside services may also be needed to supplement The Gooden Center's program. Groups, classes and activities keep our clients engaged throughout the day. There is plenty of time in the evening for reflection and joining other clients for an outside A. A. or other 12-step meeting in the community. Gooden Center alumni enjoy meeting and supporting the clients. Our Residential Treatment clients are accompanied by a staff member when leaving campus.

PRIMARY RESIDENTIAL SCHEDULE

Monday	Starts	Ends
Meditation Group	8:15 AM	9:00 AM
Yoga	9:30 AM	11:00 AM
<i>Lunch</i>	<i>11:30 AM</i>	<i>12:15 PM</i>
Process Group	1:00 PM	2:00 PM
Mindfulness Walk	2:45 PM	3:15 PM
Addiction Ed/Disease Concept	3:30 PM	5:00 PM
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
Alumni Speaker MTG	6:30 PM	7:30 PM

Tuesday	Starts	Ends
Meditation Group	8:15AM	9:00 AM
Art Group	9:30 AM	11:00 AM
<i>Lunch</i>	<i>11:30 AM</i>	<i>12:15 PM</i>
Process Group	1:00 PM	2:00 PM
Mindfulness Walk	2:45 PM	3:15 PM
Sober Leisure	3:30 PM	5:00 PM
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
Family Group	6:30 PM	9:30 PM
Outside 12-Step meeting	7:30 PM	9:00 PM

Wednesday	Starts	Ends
Meditation Group	8:15 AM	9:00 AM
Inclusive Spirituality	9:30 AM	11:00 AM
<i>Lunch</i>	<i>11:30 AM</i>	<i>12:15 PM</i>
Process Group	1:00 PM	2:00 PM
Mindfulness Walk	2:45 PM	3:15 PM
Step Study	3:30 PM	5:00 PM
Dual Diagnosis Group	3:30 PM	4:30 PM
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
Outside 12-Step meeting	8:00 PM	9:30 PM

Thursday	Starts	Ends
Meditation Group	8:15 AM	9:00 AM
Anger Management	9:30 AM	11:00 AM
<i>Lunch</i>	<i>11:30 AM</i>	<i>12:15 PM</i>
Process Group	1:00 PM	2:00 PM
Mindfulness Walk	2:45 PM	3:15 PM
Recovery Issues	3:30 PM	5:00 PM
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
Outside 12-Step meeting	8:00 PM	9:30 PM

Friday	Starts	Ends
Meditation Group	8:15 AM	9:00 AM
Co-Dependency	9:30 AM	11:00 AM
<i>Lunch</i>	<i>11:30 AM</i>	<i>12:15 PM</i>
Process Group	1:00 PM	2:00 PM
Mindfulness Walk	2:45 PM	3:15 PM
Relapse Prevention	3:30 PM	5:00 PM
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
Outside 12-Step meeting	8:00 PM	9:30 PM

Saturday	Starts	Ends
Meditation Group	8:15 AM	9:00 AM
Communication Skills	9:30 AM	11:00 AM
<i>Lunch</i>	<i>11:30 AM</i>	<i>12:15 PM</i>
Emotional Sobriety	1:00 PM	2:30 PM
Surmounting The Odds	3:30 PM	5:00 PM
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
In House A.A. meeting	6:30 PM	8:00 PM

Sunday	Starts	Ends
Meditation Group	8:15 AM	9:00 AM
Spiritual Hike	9:00 AM	11:00 AM
Cairn	11:00 AM	11:30 AM
<i>Lunch</i>	<i>12:00 PM</i>	<i>12:30 PM</i>
Visiting Hours	<i>1:00 PM</i>	<i>6:30 PM</i>
<i>Dinner</i>	<i>5:30 PM</i>	<i>6:15 PM</i>
In House N.A . Meeting	7:00 PM	8:30 PM
10th Step Process	9:30 PM	10:30 PM

OUTPATIENT DAY TREATMENT

Outpatient Day Treatment is available for clients who live nearby and come to The Gooden Center for daytime sessions. There are 2 options -- Track A *or simply "morning"* (9am-2:30pm, 1 hour break) and Track B *or simply "evening"* (1pm – 9:30pm, 4 hour break) to accommodate each client's schedule. Day Treatment takes place at our outpatient center located at 711 Walnut Avenue in Pasadena. They participate in 4.5 hours of counseling, addiction education, process groups and activities Tuesday through Saturday. We utilize an Adult Learning Model approach that treats the client as an equal and draws upon each individual's best way of learning (listening, watching, doing, etc). Our family program is urged for those affected by the client's addictive behavior. Also included are Individualized Treatment Planning and Case Management. The Saturday schedule is a direct result of our client families indicating a desire for a more accessible day that does not involve many of them having to go to, or come from, work.

Day Treatment is the best level of care for:

- Those who have completed an in-patient treatment program at another facility and would benefit from extended care treatment;
- Those who have completed 30 days in our Residential Treatment program and to whom continued chemical dependency treatment is clinically indicated;
- Those for whom prolonged exposure to the home or work environment poses a threat to sobriety;
- Those for whom extended withdrawal from home or work responsibilities pose a financial or emotional risk to someone (self, child, and household).

Many who transition into Day Treatment from Residential Treatment decide to move into one of Gooden Center's sober living houses. Of course, Day Treatment clients may also reside locally with family or friends.

OUTPATIENT DAY TREATMENT SCHEDULE

Tuesday	Starts	Ends
12-Step Program	9:00 AM	10:30 AM
Spirituality	10:45 AM	12:15 AM
<i>Lunch</i>		
Process Group	1:00 PM	2:30 PM
Sober Leisure	3:30 PM	5:00 PM

Wednesday	Starts	Ends
Relapse Prevention	9:00 AM	10:30 AM
Obstacles/Coping Skills	10:45 AM	12:15 AM
<i>Lunch</i>		
Process Group	1:00 PM	2:30 PM
Step Study	3:30 PM	5:00 PM
Dual Diagnosis Group	3:30 PM	4:30 PM

Thursday	Starts	Ends
Disease Concept 1	9:00 AM	10:30 AM
Disease Concept 2	10:45 AM	12:15 AM
<i>Lunch</i>		
Process Group	1:00 PM	2:30 PM
Recovery Issues	3:30 PM	5:00 PM

Friday	Starts	Ends
Maintenance	9:00 AM	10:30 AM
Community/Fellowship	10:45 AM	12:15 AM
<i>Lunch</i>		
Process Group	1:00 PM	2:30 PM
Relapse Prevention	3:30 PM	5:00 PM

Saturday	Starts	Ends
Alanon Principles	12:00 PM	1:00 PM
Family Addiction Education	1:00 PM	3:00 PM

INTENSIVE OUTPATIENT (IOP) TREATMENT

Intensive Outpatient Treatment is available for clients who live nearby and come to The Gooden Center for weekday morning or evening, plus Saturday morning sessions. Intensive Outpatient Treatment takes place at 711 Walnut Avenue in Pasadena. Clients in Intensive Outpatient Treatment (IOP) are most often working or in school. They can participate in 5 IOP sessions per week for four consecutive weeks, completing a total of 20 sessions. This program includes: individualized treatment planning, case management, family counseling, education and counseling groups.

IOP is the best level of care for:

- Those who have completed Residential or Day Treatment and indicate a desire or need to continue on with staff/peer support;
- Clients who's alcoholism or drug addiction has not reached the level of severity that would qualify them for Residential or Day treatment;
- Those who find it difficult to maintain their sobriety even though they are participating in a 12-step fellowship;
- Those who are beginning to experience 'relapse stressors' in their home or work situation.

MORNING INTENSIVE OUTPATIENT (IOP) TREATMENT SCHEDULE

Tuesday	Starts	Ends
12 Step Program	9:00 AM	10:30 AM
Spirituality	10:45 AM	12:15 AM

Wednesday	Starts	Ends
Relapse Prevention	9:00 AM	10:30 AM
Obstacles/Coping Skills	10:45 AM	12:15 AM

Thursday	Starts	Ends
Disease Concept 1	9:00 AM	10:30 AM
Disease Concept 11	10:45 AM	12:15 AM

Friday	Starts	Ends
Maintenance	9:00 AM	10:30 AM
Community/Fellowship	10:45 AM	12:15 AM

Saturday	Starts	Ends
Alanon Principles	12:00 PM	1:00 PM
Family Addiction Education	1:00 PM	3:00 PM

**EVENING INTENSIVE OUTPATIENT
(IOP) TREATMENT SCHEDULE**

Tuesday	Starts	Ends
12-Step Program	6:30 PM	8:00 PM
Spirituality	8:15 PM	9:45 PM

Wednesday	Starts	Ends
Relapse Prevention	6:30 PM	8:00 PM
Obstacles/Coping Skills	8:15 PM	9:45 PM

Thursday	Starts	Ends
Disease Concept 1	6:30 PM	8:00 PM
Disease Concept 11	8:15 PM	9:45 PM

Friday	Starts	Ends
Maintenance	6:30 PM	8:00 PM
Community/Fellowship	8:15 PM	9:45 PM

Saturday	Starts	Ends
Alanon Principles	12:00 PM	1:00 PM
Family Addiction Education	1:00 PM	3:00 PM

SOBER LIVING

Sober living is a structured community living situation with others who are also in early sobriety. A house manager oversees each sober living home. Random weekly urine screens are conducted on site. Sober living residents are strongly encouraged to be working or in school. At The Gooden Center, sober living rates include meals. We have thirty sober living beds.

ACCESSIBILITY

The Gooden Center’s primary focus is for individuals to achieve their working, living, and learning goals. It is our expressed wish that they become an integral part of The Gooden Center’s recovery community. On a continual basis, we make every effort to discuss and identify barriers to enhance the quality of life for those served. We implement non-discriminatory employment practices, and meet legal and regulatory requirements in the following areas: architectural, attitudinal, financial, employment, communication, and transportation.

COUNSELING

Every client is assigned a primary counselor. Counseling and Process Groups help to identify growth areas and explore healthy ways of being in relationship with others. We provide an extensive curriculum of Addiction Education and Recovery Lifestyle groups. Addiction Education groups help the client understand the disease of addiction and develop an emotional understanding of recovery. Recovery Lifestyle Groups help clients see that sober fun is exhilarating. With exercise the body begins to mend from the inevitable physical devastation caused by chemical dependency.

Treatment Planning Once admitted, the client and his counselor begin crafting a personal treatment plan. These goals guide the counselor in motivating the client to take responsibility for his own recovery process.

Our Medical Director is available to assist clients with health or medication issues including those involving co-occurring disorders.

Individual job coaching seeks to insure that no client leaves drug and alcohol rehab at The Gooden Center without having a job or being enrolled in school.

One-on-One Counseling Barriers to treatment goals are discussed in one-on-one sessions between the client and his counselor. This trusting relationship is a key ingredient towards achieving success through the program. Clients may have issues around “readiness-to-change” and passivity about their addiction and/or mental health problems. Dealing with ambivalence about change begins at a pace that keeps the client engaged in treatment and genuinely seeks his input and participation in developing the treatment plan.

Family Counseling Clients have unlimited access to couples/family (including children)/friend counseling with any counseling staff member they feel comfortable with, including our on-site Marriage, Family and Child licensed therapist. Significant others/family/friends therefore can contact staff throughout the 24 hour day with questions/concerns/input in order for the client’s entire support system to grow along with him in recovery.

Process Groups The Process Groups explore blocks to progress in one’s personal drug and alcohol recovery and life goals. Feedback from group participants is sought. Process groups are held daily in Residential and Day Treatment.

Case Management is especially important for high risk, multi-problem or chronic relapsing clients who require a total systems approach. To improve treatment effectiveness, alternative services may be necessary, e.g. educational or vocational services, parenting, financial counseling, daily living skills, tutoring or mentoring services, and transportation.

GROUPS

For the newly sober individual there is much to learn. The manner in which adults learn is different from how children learn. In developing our program, we have turned to the American Society of Training and Development (ASTD) for adult learning best practices. All 23 groups are interactive and include content, activities and reflection. This forum helps the client realize that healthy change is not just possible for them. It is already underway.

Addiction Education Participants learn about the disease concept of drug and alcohol addiction.

Art Workshop Self expression and creativity are sparked in this hands-on workshop that includes painting and mask making.

Big Book Study Group Through reading and discussing the “big book” of Alcoholics Anonymous, this group explores core spiritual concepts of recovery.

Co-Dependency Clients learn to “detach with love” from the choices family, friends, or new peers make; they learn how to focus instead on their own well-being.

Communication Skills Group Focus is on improving skills of communicating and improving relationships at home and work.

Continuing Care Mapping out the people, places and things that will best serve their sobriety after they leave treatment.

Cross Addictions Clients apply recovery tools to any patterns of behavior that they feel compelled to continue despite (having) destructive consequences.

Emotional Sobriety Learning to cope with the intense feelings that can be part of early (or the first year of) recovery.

Disease Concept Learning the basic concepts included in the medical model of addiction in order to reduce shame resulting from misinformation; levels I and II of this material are designed to expand per the individual’s length of time in recovery

Focused Writing Assignments Specific treatment plan goals – or more immediately relevant issues – are written and shared for the purpose of staff/peer feedback.

Inclusive Spirituality Groups Participants explore the direction of their personal spirituality in a conversational format.

Leisure Issues Clients learn how to create and enjoy sober activities with sober peers.

Living the Program Speaker Group Alumni and other recovering person's share their personal stories of addiction and recovery.

Meditation Group Participants read and discuss from the book, In God's Care, setting a spiritual tone for the day.

Spiritual Hike Hiking on mountain wilderness trails in the local Angeles National Forest. Trailhead is within 15 minutes of the house.

Relapse Prevention Group Workshop format on relapse warning signs, triggers and recovery tools with discussion of personal applications.

Step Workshop Participants study each of the twelve steps of Alcoholics Anonymous and discuss application of the principles in their daily life.

Surmounting the Odds Workshop The basic question asked in this group: "How do people with great barriers in their life overcome them to achieve health, happiness and prosperity or even greatness?" Alumni are often invited to share their experience with clients in the group.

Yoga Clients participate in an introductory Hatha Yoga class with a trained instructor. Meditation and deep breathing techniques are also learned.

ACCREDITATION & LICENSING

Why should anyone care whether or not a treatment program is accredited? Any organization, such as The Gooden Center, that receives approval from an outside accrediting body has demonstrated conformance with hundreds of standards for providing quality care. Additional standards must also be met for health and safety, corporate compliance, governance and business practices.



CARF is an independent, not-for-profit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. CARF, the Commission on Accreditation of Rehabilitation Facilities (www.carf.org) awarded The Gooden Center its highest rating: a three-year accreditation, in 2010.

The Gooden Center is a proud member of the California Network of Behavioral Health Providers; (CALNET and the National Association of Addiction Treatment Providers (NAATP))

The Gooden Center is licensed and certified by the California Department of Alcohol and Drug Programs.

AFTER CARE

Weekly counselor-led after care groups are for clients who are no longer in treatment at The Gooden Center. We call it *After Care for Life* because it is available, at no cost, for each alumnus for as long as he sees fit. The number in each After Care group is kept to less than 12 participating alumni.

After Care Groups	Starts	Ends
Wednesday Group I	6:15 PM	7:30 PM
Thursday Group II	6:15 PM	7:30 PM

ALUMNI SUPPORT

Many alumni of The Gooden Center visit, not only in support of their personal drug and alcohol recovery, but also to be of service and to support new clients. The Monday Night Steak Dinner and Speaker Meeting is a very popular way alumni stay in touch with the program and fellowship with recovery friends. Many participate in the weekly twelve-step meeting that takes place exclusively for Gooden Center alumni. Alumni help organize spiritual retreats that are also open to clients. Our alumni are one of the elements that make The Gooden Center a great place to begin the journey to lasting recovery. Many of our alumni speak of their experience with us as the opportunity of a lifetime.

FAMILY CARE

Family members, significant others, and co-workers often become uncomfortably aware of the growing “elephant in the living room” long before they feel able – or willing – to address the problem. *They are strongly encouraged to participate in family groups while their loved-one is in drug and alcohol rehab at The Gooden Center.* Family sessions are included in the cost of treatment.

They are also invited to continue family sessions even after their loved-one has discharged. The weekly three hour evening family session includes a panel of those with experience in their own recovery from co-dependency. The evening also includes education about how roles, communication and emotions are created in the family disease of addiction. Lecture, handouts, video and exercises can all be used as teaching tools.

The final portion of the evening is the multi-family group. This is where the client and family member discuss with each other any issue they wish to work on. The goal is to utilize the tools learned earlier in the evening to decrease any toxic elements and increase a healthy relationship balance.

SUPPLEMENTAL SERVICES

DUAL DIAGNOSIS

In addition to treating those solely with addictive disease, we also admit clients who are diagnosed with mental disorders as described in the DSM IV, Axis I. Our Program assists in identifying and addressing the symptoms while keeping enough focus on the ever-present disease of addiction. The staff coordinates off-site psychiatric evaluation and consultation. We do not treat conditions that are so debilitating as to interfere with participation in treatment. Once the condition is stabilized enough to make this participation possible, the client can continue with treatment. Our Clinical Director provides a weekly group to address the needs of those dealing with Axis I Dual Diagnosis issues. A diagnosed co-occurring psychiatric disorder may need medications not only to stabilize symptoms, but also to prevent any resulting drug relapse. We provide on-site medication monitoring

FOLLOW-UP MONITORING

At any time during his treatment, a client may elect to participate in a year- long program of random drug screens and weekly phone conversations. In situations involving a court, licensing body or place of employment, the follow-up monitoring may be a pre-set condition of treatment. Participants will be asked to speak on the telephone for approximately 15 minutes with a counselor once a week. They will also submit a written summary of recovery activities, such as A.A. meetings attended or meetings with a sponsor or therapist. Additionally, each participant will be asked, at random, to supply a urine sample at a testing location near to him.

FACILITIES

Distinguishing features of The Gooden Center are the beautiful, historic craftsman houses and cottages in the historic theater district of Pasadena, California. The non-institutional homelike setting is conducive to the work of early recovery.

Location	Services Provided	Capacity
Residential Treatment		
Bishop Gooden Home, 191 N. El Molino Ave.	Residential Treatment	19
Outpatient Treatment		
Outpatient Center, 711 N. Walnut Ave.	Day and Intensive Outpatient	24
Sober Living Houses and Cottages		
The Annex, 181 N. El Molino Ave.	Sober living	11
Hochman House, 378 N. El Molino Ave.	Sober living	6
Holliston Court, 146 – 154 N. Holliston Ave.		
Front House, 154 N. Holliston Ave.	Sober living	4
Milton House, 152 N. Holliston Ave.	Sober living	2
Middle Cottage, 150 N. Holliston Ave.	Sober living	2
Cushman House, 148 N. Holliston Ave.	Sober Living (house manager)	
Rear Building Apartments, A, B, C	Sober Living	10

STAFFING

Area	Position	License/Credentials
Executive Director		
Ernest (Bud) Williams, MDiv, MBA	Executive Director/ CEO	
Admissions & Customer Focus		
Jose Mendoza, CADCA	Admissions & Customer Focus Mgr.	CCBADC*** #18701208
Program Staff		
George Patterson, PhD, MFT	Clinical Director	Board Behavioral Sciences MFC #4948
Molly D'Huet, MFT	Family Therapist	MFC #46148
Charlie Ball, CADC-II	Residential Program Manager	CCBADC*** #A8358001
Deshay Ward, CADC-II	Outpatient Program Manager	CCBADC*** #18362110
Stan Mortel	Sober Living Manager	
Victor Gwinn, CADC-II	Primary Counselor	CCBADC*** #126522
Joe Burke, CADC-II	Counselor	CCBADC*** #A3680997
Terry Dunbar, CADCA	Counselor	CADCA* #I2011006
Gerry Zabala, CATC	Counselor	CAADE** #102525
Ivan Yoshida, CATC	Counselor	CAADE** #112814
Bob Dudley, MBA	Program Information Manager	
Susan Nishizawa	Instructor: Yoga	
Susan O'Connor	Instructor: Art Therapy	
Medical Advisor		
Walter Spears, M.D.	Medical Advisor	Medical Board American Society of Addiction Medicine #G-34441 #AS7581273
Administration		
David Landa, BS, CPA(<i>inactive</i>)	Chief Operating Officer	
Estela Aznar	Bookkeeper	
Susan Johnson	Development Director	

*California Association of Alcoholism & Drug Abuse Counselors

** California Association for Alcohol and Drug Educators

***California Certification Board of Alcohol & Drug Counselors

**The Gooden Center
RATE SUMMARY**

90 Day Program (Residential Treatment, Extended Care Phases I and II)	90 Days \$17600	Daily \$196
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RESIDENTIAL TREATMENT

Primary Residential Treatment	4 weeks \$8700	Daily \$290
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OUTPATIENT TREATMENT

Day Treatment (6 hour sessions available 5 days/week)	4 weeks \$4,000	Per Session \$200
IOP (Intensive Outpatient) Treatment (3-hour sessions available 5 days/week)	\$2500 (20 sessions)	\$125

EXTENDED CARE TREATMENT

Extended Care, Phase I: Day Treatment plus Sober Living	4 weeks \$5200	Average per Day \$186
Extended Care, Phase II: IOP plus Sober Living	\$3,700	\$132

Sober Living including meals	4 weeks \$1200	Daily \$40
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AFTER CARE FOR LIFE: NO CHARGE

The Gooden Center is contracted with 24 national health insurance plans.

Eligible services are billed directly to the insurance company.