

The Gooden Center

30 Day and 6 Month Post-Program Outcome Analysis Report

Prepared By



May 2011

**Client Outcome
Analysis:
30 Days
Post Program**

This report presents client 30 day post program outcomes for clients that exited the program in one of the following four quarters: April through June 2010 (Q2 – 2010), July through September 2010 (Q3 – 2010), October through December 2010 (Q4 – 2010), and January through March 2011 (Q1 – 2011). The survey assessed the following domains: *sobriety, attending NA/AA or other 12 step-type meetings, sponsorship, relationship with family, and employment*. Figure 1 presents the percentage of *The Gooden Center (TGC)* clients that responded “yes” to the query of whether: a) they had been sober in the 30 days post program exit; b) they had been attending NA/AA or other 12 step-type meetings in the 30 days post program exit, and c) they had been working with a sponsor in the 30 days post program exit.

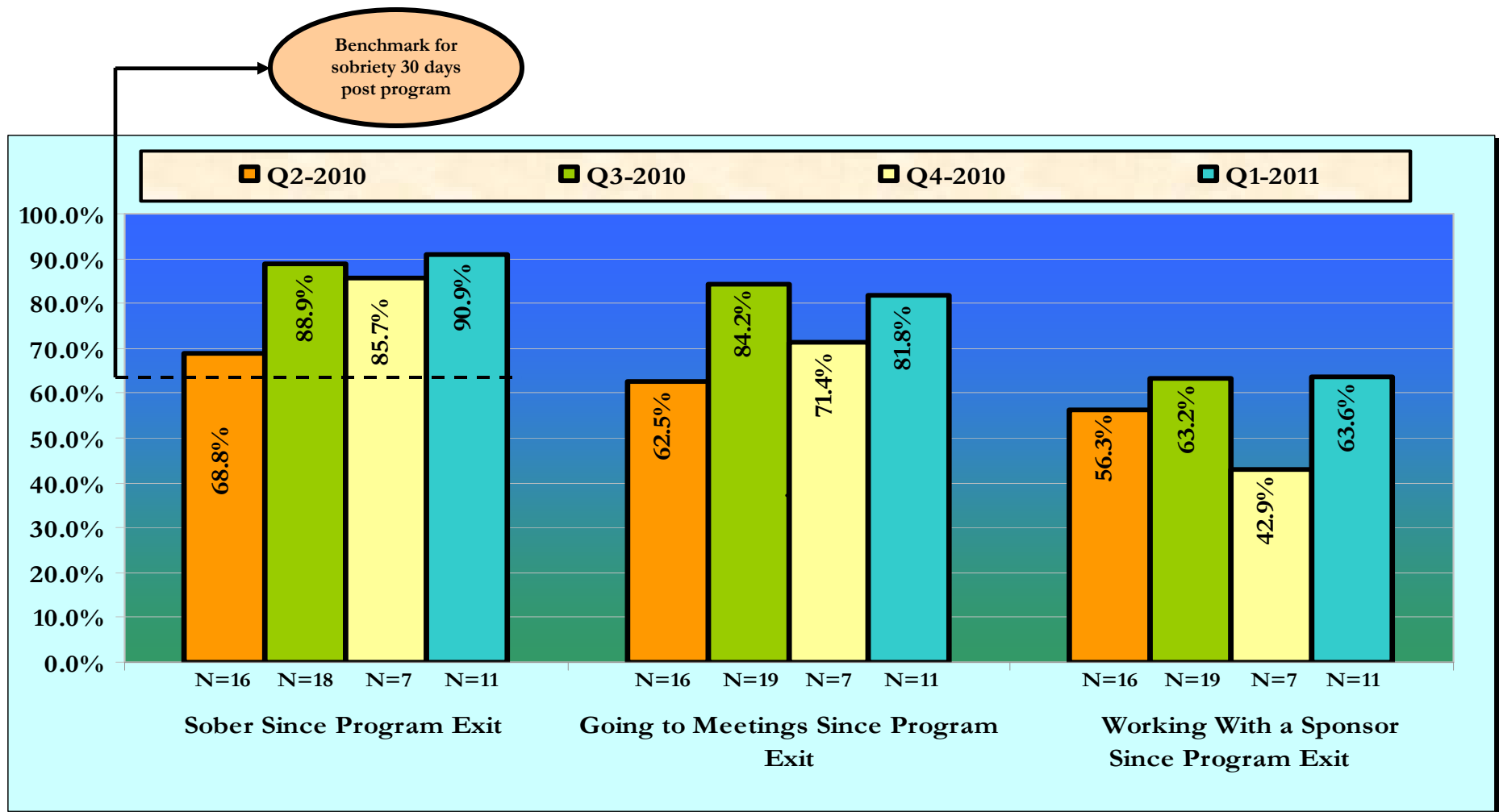


Figure 1: 30 Days Post Program – Sobriety, Going to Meetings, and Working with a Sponsor

Utilizing a scale of 1 = *Worse*; 2 = *Same*; 3 = *Better*; and 4 = *Vastly Improved*, clients were asked to rank the relationship with their family in the 30 days since exiting TGC. Mean scores by each quarter were as follows: 1) Q2– 2010, 3.19 (N=16); 2) Q3– 2010, 3.05 (N=19), 3) Q4– 2010, 3.00 (N=7); and 4) Q1 – 2011, 3.09 (N=11). The percentage of clients among each of the ranking categories is presented in Figure 2.

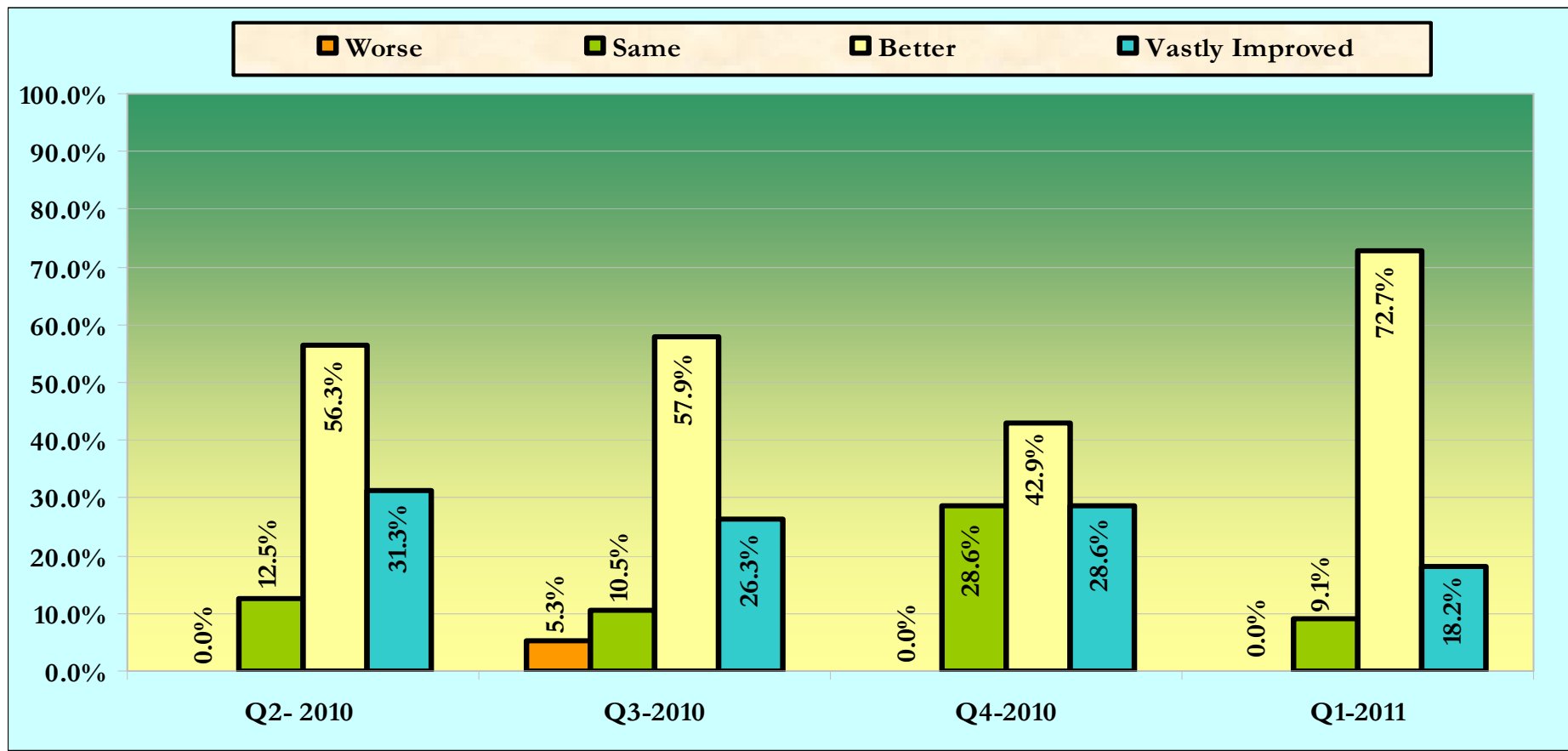


Figure 2: Relationship with Family in the 30 Days Post Program

Utilizing a scale of 1 = *Not at All*; 2 = *Marginal*; 3 = *Moderate*; and 4 = *Significant*, clients were asked to rank the influence of TGC in regard to their relationship with their family in the 30 days since exiting TGC. Mean scores by each quarter were as follows: 1) **Q2- 2010, 3.07** (N=15); 2) **Q3- 2010, 3.00** (N=18); 3) **Q4- 2010, 2.71** (N=7); and 4) **Q1 - 2011, 3.27** (N=11). The percentage of clients among each of the ranking categories is presented in Figure 3.

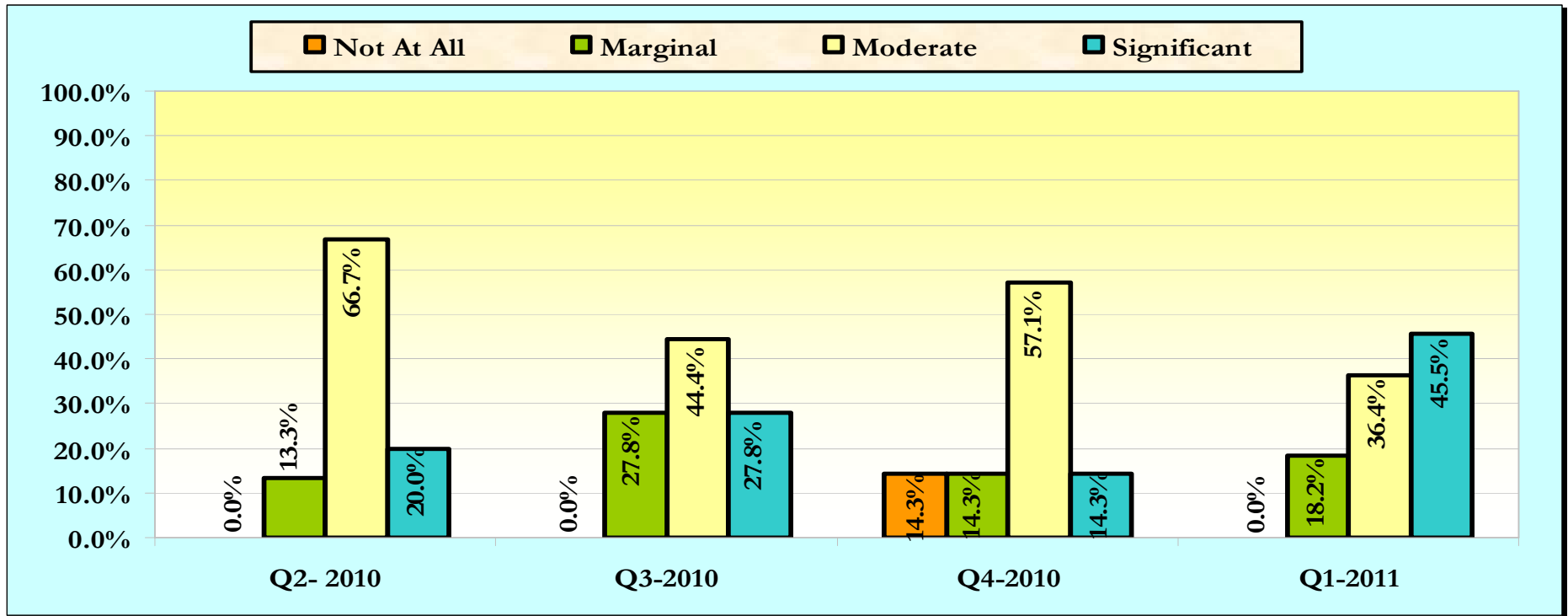


Figure 3: Relationship with Family in the 30 Days Post Program as a Result of TGC

Figure 4 reports on the percentage of clients that reported working at their time of entry into TGC and the percentage of clients (the same clients) that reported working in the 30 days post program¹.

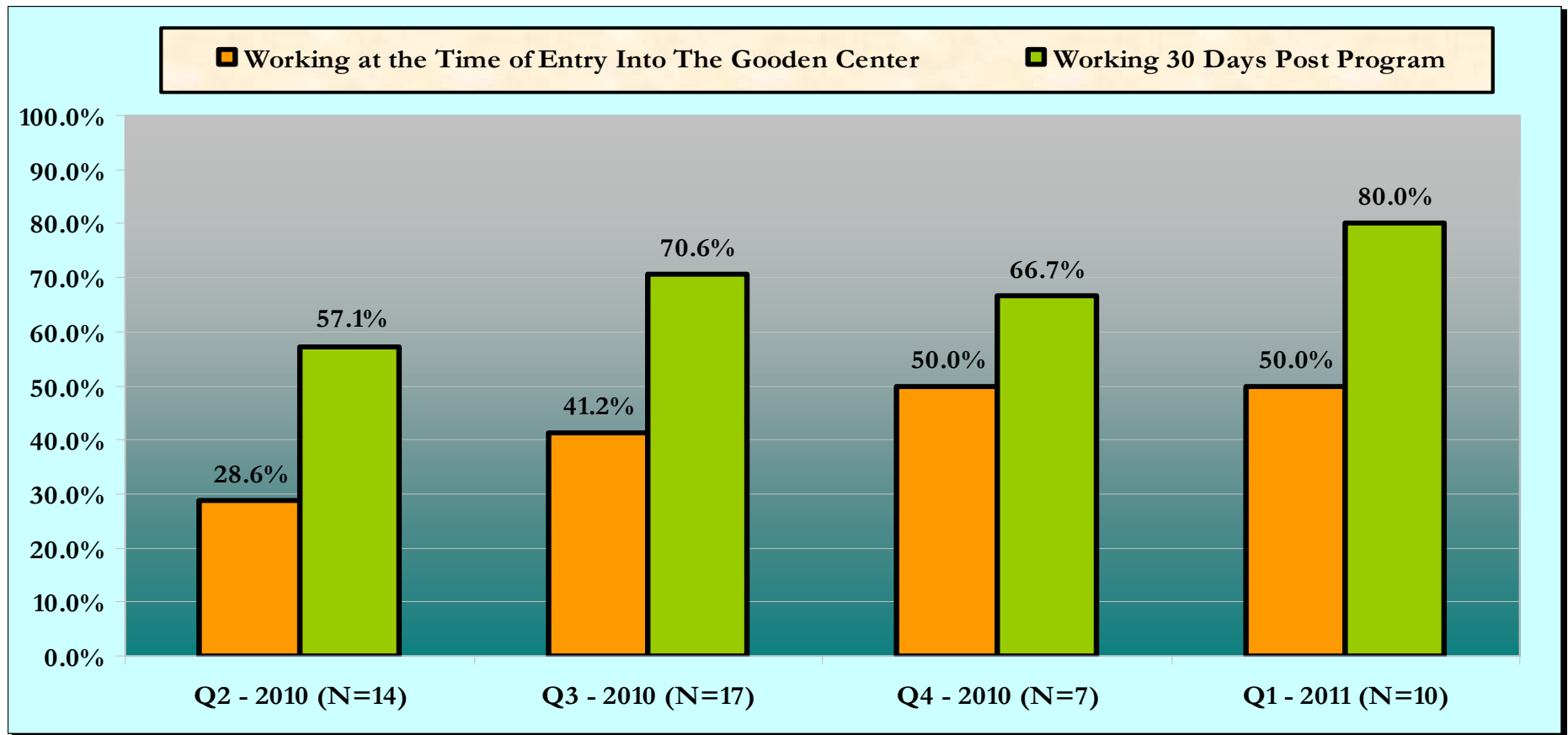


Figure 4: Working Pre and Post Program

¹ Clients exiting the program in Q1-2011 that reported working at point of entry and 30 days post program were asked to respond to queries encompassing employment 30 days post program comparative to employment at their time of entry. Utilizing a scale of 1 = *Worse*; 2 = *Same*; 3 = *Better*; and 4 = *Vastly Improved* to assess their employment 30 days post program comparative to point of entry, clients generated a mean score of **2.80**, suggesting that they reported their employment as *almost better*. Additionally, clients exiting in Q1-2011 reported TGC's influence on their employment as *moderate* (**M=3.00**), which is based on a scale of 1 = *Not at All*; 2 = *Marginal*; 3 = *Moderate*; and 4 = *Significant*.

**Client Outcome
Analysis:
Six Months
Post Program**

This report presents client six months post program outcomes for clients that exited the program in one of the following four quarters: October through December 2009 (Q4 – 2009); January through March 2010 (Q1 – 2010); April through June 2010 (Q2 – 2010), and July through September 2010 (Q3 – 2010). The survey assessed the following domains: *sobriety*, *attending NA/AA or other 12 step-type meetings*, *sponsorship*, *relationship with family*, and *employment*. Figure 5 presents the percentage of *The Gooden Center* (TGC) clients that responded “yes” to the query of whether: a) they had been sober in the six months post program exit; b) they had been attending NA/AA or other 12 step-type meetings in the six months post program exit, and c) they had been working with a sponsor in the six months post program exit.

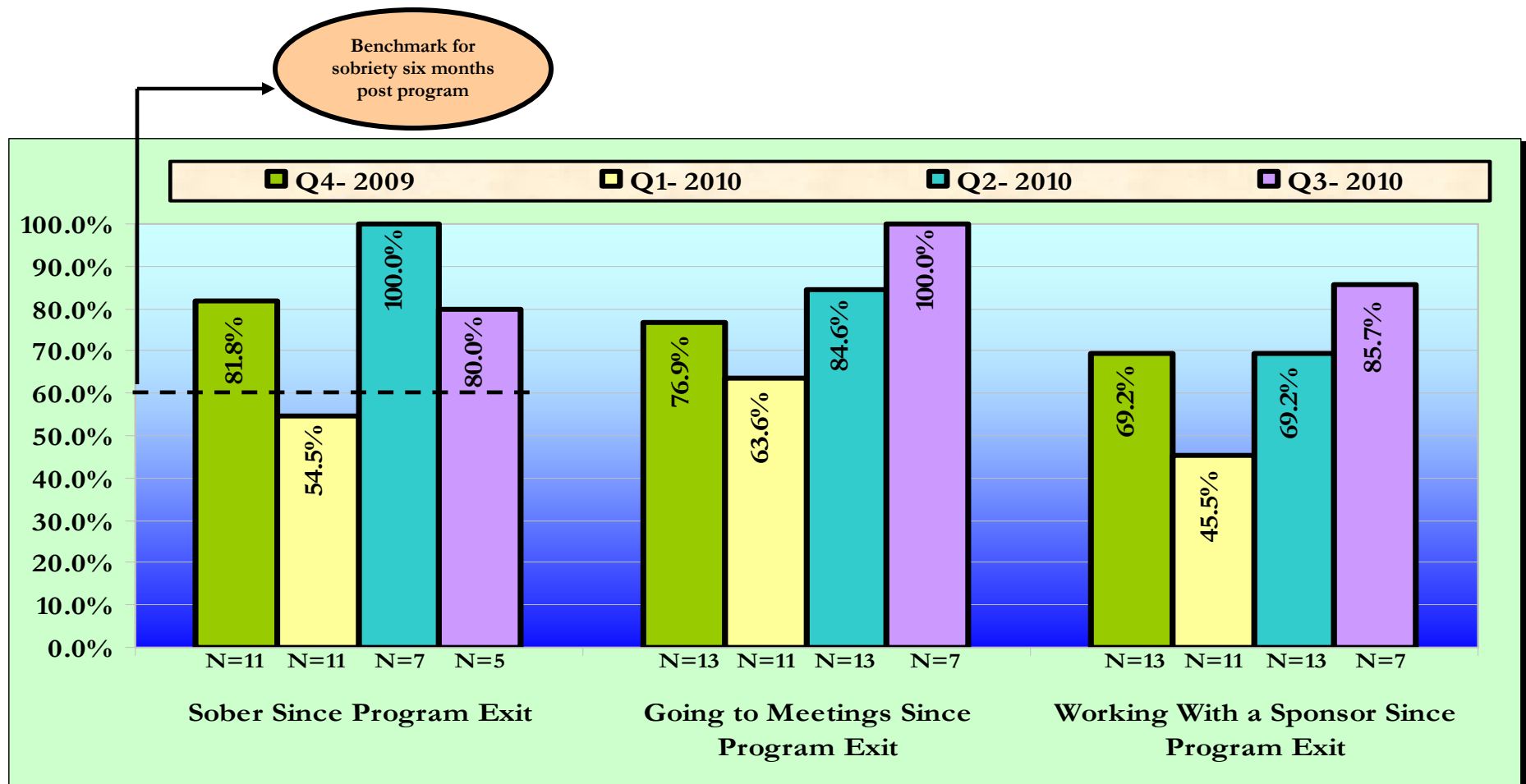


Figure 5: Six Months Post Program – Sobriety, Going to Meetings, and Working with a Sponsor

Utilizing a scale of 1 = *Worse*; 2 = *Same*; 3 = *Better*; and 4 = *Vastly Improved*, clients were asked to rank the relationship with their family in the six months since exiting TGC. Mean scores by each quarter were as follows: 1) **Q4 – 2009, 3.38** (N=13); 2) **Q1 – 2010, 2.82** (N=11); 3) **Q2 – 2010, 3.00** (N=13); and 4) **Q3 – 2010, 3.29** (N=7) . The percentage of clients among each of the ranking categories is presented in Figure 6.

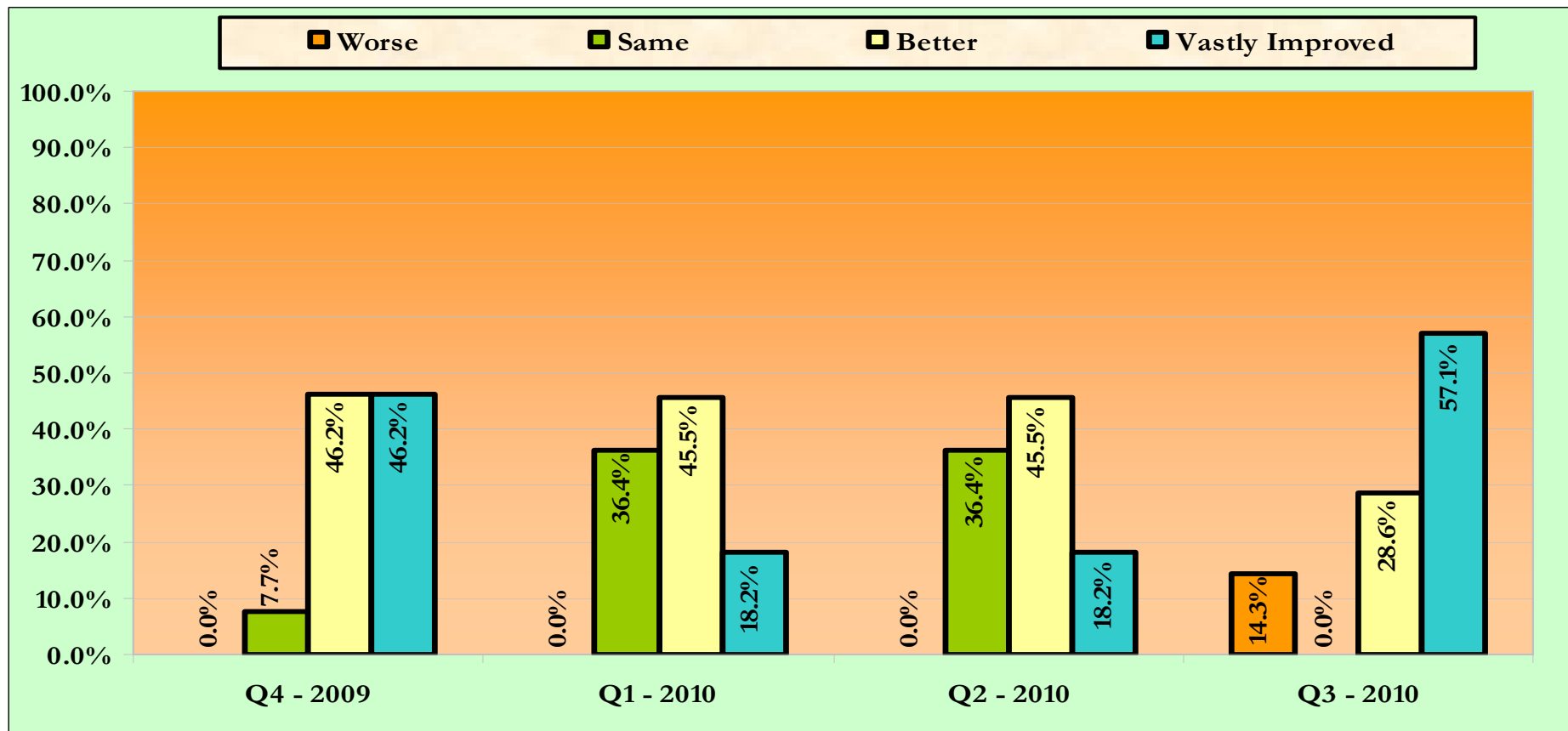


Figure 6: Relationship with Family in the Six Months Post Program

Utilizing a scale of 1 = *Not at All*; 2 = *Marginal*; 3 = *Moderate*; and 4 = *Significant*, clients were asked to rank the influence of TGC in regard to their relationship with their family in the six months since exiting TGC. Mean scores by each quarter were as follows: 1) **Q4 – 2009, 3.23** (N=13); 2) **Q1 – 2010, 3.30** (N=10); 3) **Q2 – 2010, 3.42** (N=12), and 4) **Q3 – 2011, 3.29** (N=7). The percentage of clients among each of the ranking categories is presented in Figure 7.

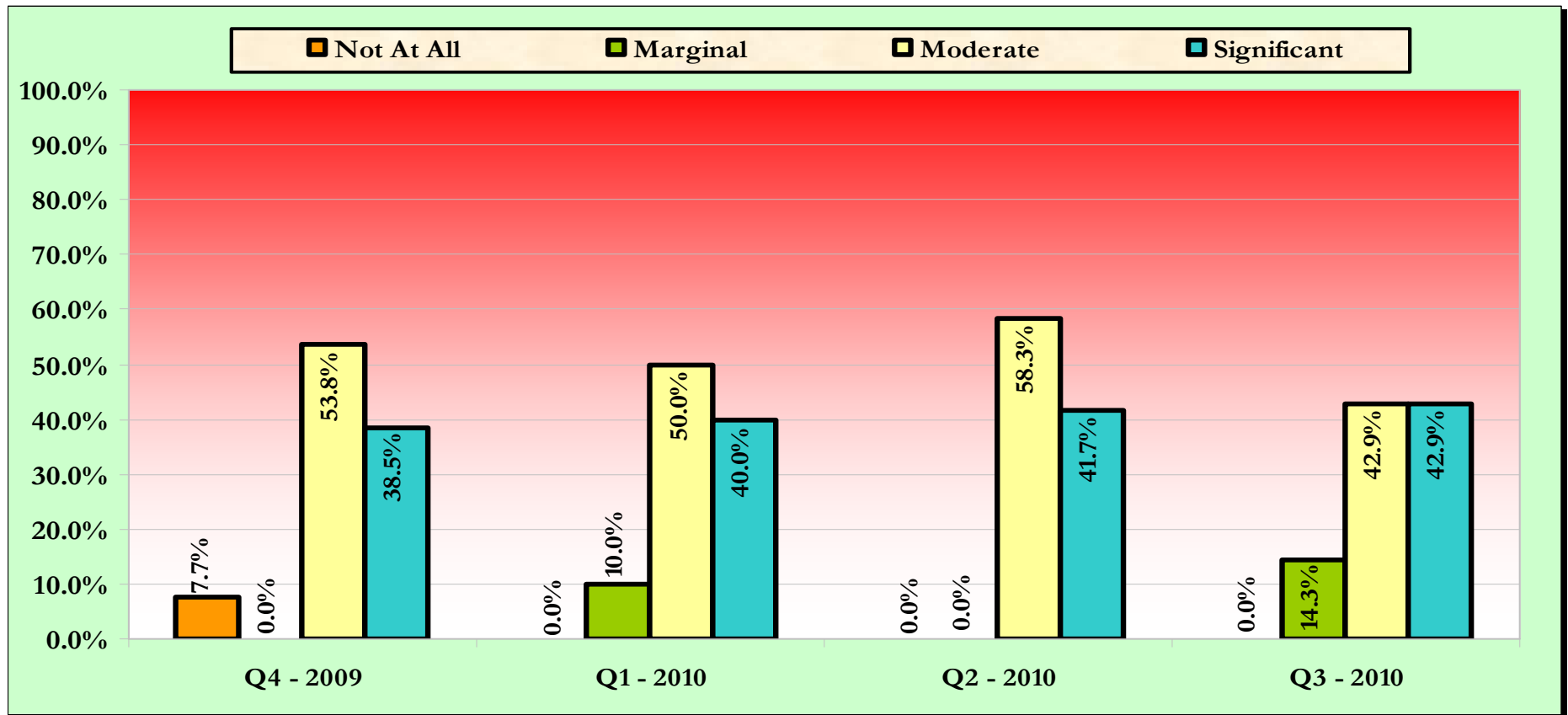


Figure 7: Relationship with Family in the Six Months Post Program as a Result of TGC

Figure 8 reports on the percentage of clients that reported working at their time of entry into TGC and the percentage of clients (the same clients) that reported working in the six months post program².

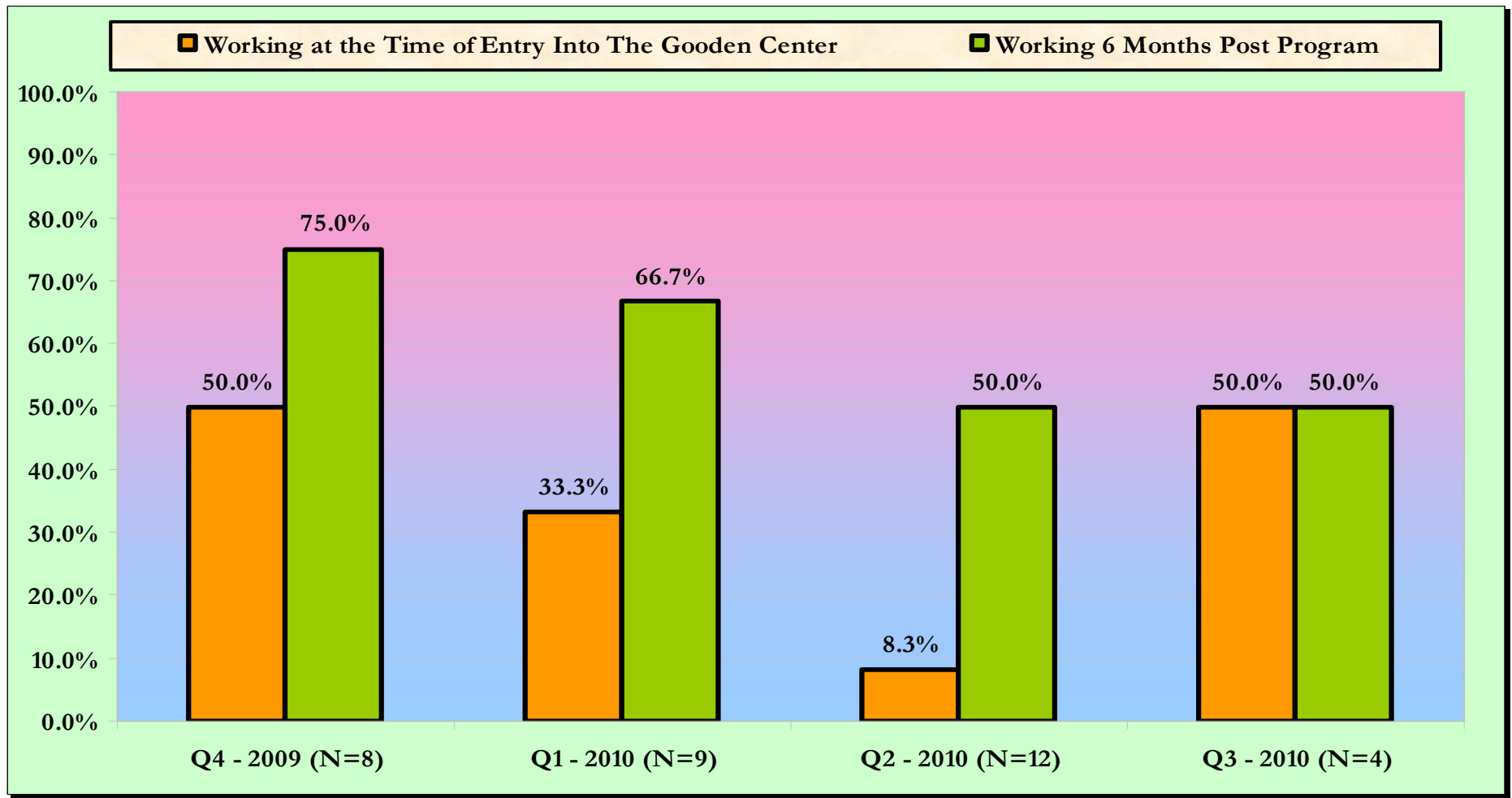


Figure 8: Working Pre and Post Program

² Clients exiting the program in Q3-2010 that reported working at point of entry and six months post program were asked to respond to queries encompassing employment six months post program comparative to employment at their time of entry. Utilizing a scale of 1 = *Worse*; 2 = *Same*; 3 = *Better*; and 4 = *Vastly Improved* to assess their employment six months post program comparative to point of entry, clients generated a mean score of 3.00, suggesting that they reported their employment as *better*. Additionally, clients exiting in Q3-2010 reported TGC's influence on their employment as *significant* (M=4.00), which is based on a scale of 1 = *Not at All*; 2 = *Marginal*; 3 = *Moderate*; and 4 = *Significant*.